



Ask why authorities keep you dark on GM Food?

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Are you sure the food you consume today was free of genetically modified/engineered ingredients?

If you don't, you're not alone says Sara Deon of the Corporate Accountability International. Global corporations are trying to keep you in the dark about genetically engineered foods. Monsanto, DuPont and Pepsi poured tens of millions of dollars into campaigns to stop states from requiring labels for GMOs. According to Sara Deon, Global corporations like Nestlé and Coca-Cola have joined what's known as the Grocery Manufacturers Association (GMA) -- a formidable coalition spanning the food and biotech industries that's actively working to block states from passing GMO labelling legislation in the United States.

Do you know that Sri Lanka has the labelling legislation for the genetically modified foods as a result of the legal case filed by the Centre for Environmental Justice

in 2007. However, to date the health officials or the Consumer Affairs Authority have failed to test and assure the foods you consume are GM free or they are labelled.

Now, GM is not only about the imported foods available in the supermarket chains. No one knows what genetically modified seeds are in the market or in the field. Do you know that the US embassy is working together with the National Science Foundation to promote GM field tests in Sri Lanka?

Beware of what you eat! You should know what is in your food. Global corporations are doing everything they can to keep us in the dark. Sri Lankan authorities also keep you in dark letting the big businesses to rule the food market. Don't let them. Ask them to enforce the labelling requirement. You decide what you eat.

Possible GM foods in your shopping basket

GMOs can be GM plants, GM animals or GM micro-organisms. EU Regulation 1829/2003 on genetically modified food and feed states declares which items must be labelled with regard to applications in genetic engineering.

Possible examples include:

- Genetically modified sweet corn (in tins);
- GM tomatoes;
- GM potatoes;
- Raw salad from GM chicory; and
- GM salmon

Possible Food ingredients or additives, which are produced from GMOs:

- Oil from GM soy beans;
- Margarine from GM soy bean oil;
- Oil from GM rapeseed/canola;
- Cornflakes from GM corn;
- Starch from GM corn;
- Bread with GM soy protein or GM soy flour;
- Glucose (dextrose), glucose syrup and other ingredients with GM corn starch.
- Peanut puff snacks oder tacos containing GM corn starch.

Possible additives which are produced from GM plants:

- Sugar from GM sugar beet;
- Lecithin from GM soy beans;
- Vitamin E (tocopherol) from GM soy beans; and
- Cellulose from GM cotton, used as thickening agents and binder.
- Tomato sauce from GM tomatoes;
- Chips from GM potatoes;
- Starch from GM potatoes or GM wheat; and

Possible food ingredients and additives which contain genetically modified microorganisms:

- Wheat beer with GM yeast;
- Yeast extract from GM yeast;
- Yoghurt with GM lactobacilli (lactic acid bacteria);
- Salami (raw sausages) with GM lactobacilli (lactic acid bacteria);
- Blue cheese with GM moulds; and
- Quorn (protein from protozoa) from GM fungi.

Who knows how many are them in your grocery store? You cannot identify GM foods unless the manufacturers declare the availability of Genetically modified/engineered ingredients in the label.

Source: <http://www.gmo-compass.org>

